

# All About My Lake

## A Self-Assessment Exercise



Watersheds  
CANADA

Generously funded by



Assessed by: .....

Date: .....

Name of Lake: .....

What watershed is your lake a part of?

Why do you think is it important to think about how our freshwater is connected?

Sketch your shoreline! (Make sure to include your riparian zone)

**Hint: the riparian zone is the area of plants between the water and the tree line**

My 3 favourite lake activities:

My 3 favourite animals by the lake:

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What are 3 issues or threats to your local water?

- 1.
- 2.
- 3.

What 3 actions can you take to help?

- 1.
- 2.
- 3.

### Check Out these Resources!

1. <http://Watersheds.ca/Our-Work/Resources>
2. <http://NaturalEdge.Watersheds.ca/Plant-Database>

Using the Natural Edge Native Plant Database (linked above) pick **10** species and explain what benefits they bring to your property.

**Ex.**

Chokecherry - protects shorelines from erosion even in floods or droughts, and provides wildlife food and habitat

1)

2)

3)

4)

5)

6)

7)

8)

9)

10)