## HOW CAN I HELP?

Take photos and observations of different animals and plants you see in nature and submit them to an online database like <u>iNaturalist</u>, <u>eBird</u>, <u>MonarchWatch</u>, or <u>Water Rangers</u>.

Do a shoreline cleanup by yourself or with your family. Snap a photo and let an organization like the <u>Great Canadian Cleanup</u> know what you found and how much garbage and plastic you cleaned up!



Volunteer with a local nature group or join a field naturalist group to learn more about local wildlife and spend time in nature with other like-minded and passionate people.

If you have a shoreline property, consider adding native plants along the shore to provide habitat, food, and stabilization to your shore. Live in the city? Plant native wildflowers to help small mammals, birds, and pollinators. Learn more:

<u>https://naturaledge.watersheds.ca/</u> <u>plant-database/</u>

