









Bank Swallows: Life history, threats, and ways you can help

WHAT ARE AERIAL INSECTIVORES?

A group of birds that eat insects while in flight, such as swifts, swallows, flycatchers, and nightjars.

CHARACTERISTICS

- They have long wings, short beaks, big eyes for spotting insects, short legs, and typically have shorter necks.
- They are amazing aerial acrobats.
- They are migratory.

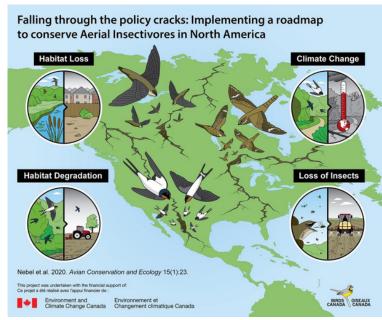
STATUS

- Aerial insectivores are a group at risk.
- The <u>2019 state of Canada's birds report</u> shows that Canada has lost 59% of its aerial insectivore populations.
- Over the last 10 years, 80% of the bird species newly listed as threatened or endangered in Canada were aerial insectivores.

THREATS

- Aerial insect decline
- Habitat loss and degradation
- Climate change

Photo: Sharf and Brock Fenton BANK SWALLOW



HOW YOU CAN HELP

- Join the <u>SwiftWatch program</u>, <u>Atlantic Canada Bank Swallow Monitoring program</u>, and the <u>Canadian Nightjar survey</u>.
- Get out and bird! Use Apps like <u>Seek</u>, <u>iNaturalist</u>, <u>eBird</u>, and <u>NatureCounts</u> to identify birds, report sightings, and contribute to community science.
- Help birds by taking action at home. For example, <u>garden for birds</u>, put up stickers to stop <u>window</u> <u>collisions</u>, and <u>keep your cat indoors</u>.
- Discover how your brick or clay chimney can help <u>Chimney Swift</u> populations and find out more about the Chimney Swift Fund.
- Learn about naturalizing waterfront property through the <u>Natural Edge program</u> or your coastal property through <u>Helping Nature Heal Inc</u>.



