

# Plants Activity Book



Watersheds  
CANADA

My Name: \_\_\_\_\_

# Meet Ottawa's Native Plants!

*Draw over the line matching the native plant to their name.*



**Yellow Pond Lily**

**Common Milkweed**

**White Water Lily**

**White Trillium**

**Black-Eyed Susan**

**Common Fireweed**



# Parts of a Plant



## Flower

Colourful and has sweet nectar

## Leaf

Helps the plant make food

## Stem

Keeps the plant strong and tall

## Roots

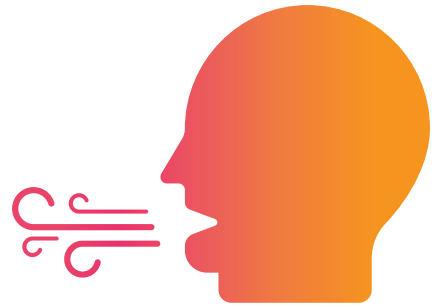
Collect water from the soil

# What Do Plants Need to Grow Strong and Tall?

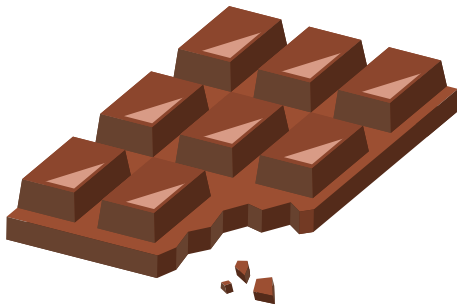
What 4 things do plants need to live?  
Cross out the 2 things plants do not need with a big X!



Light and Warmth



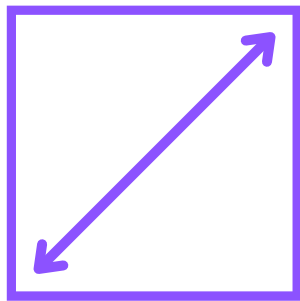
Air (Carbon Dioxide)



Chocolate



Water



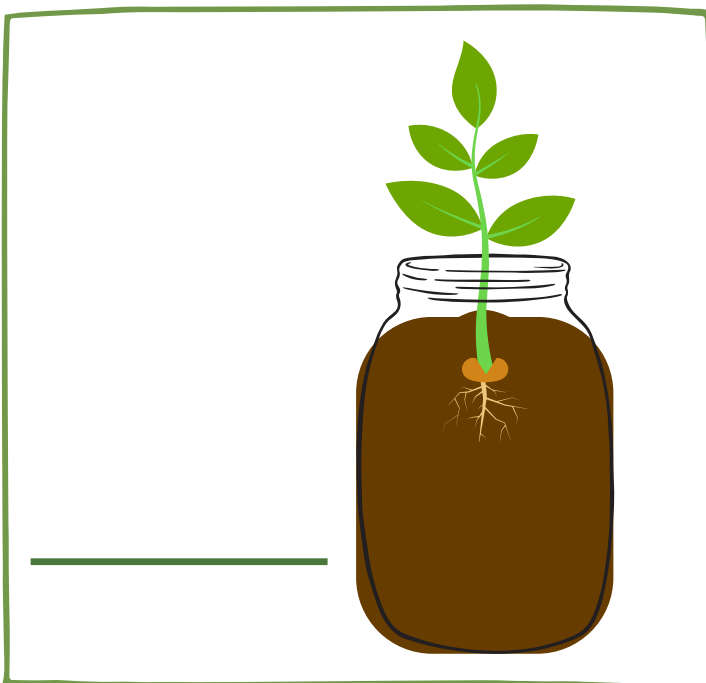
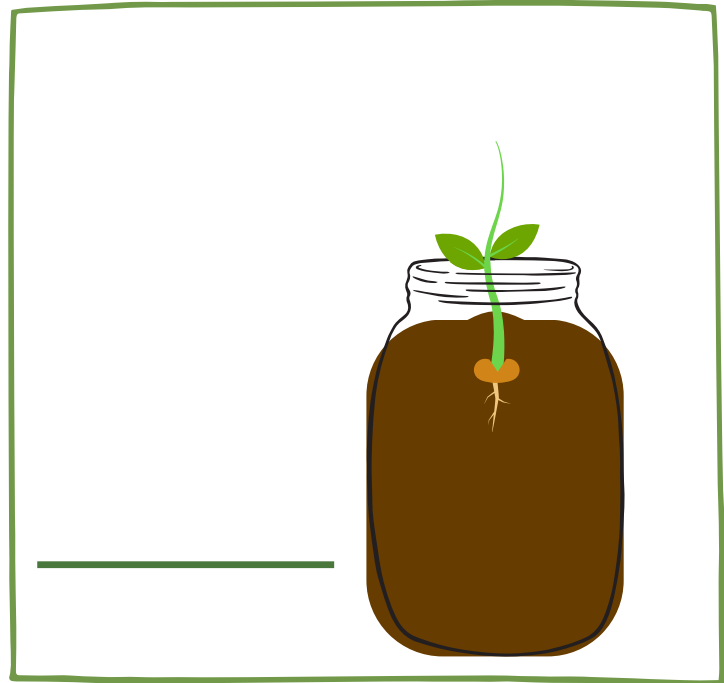
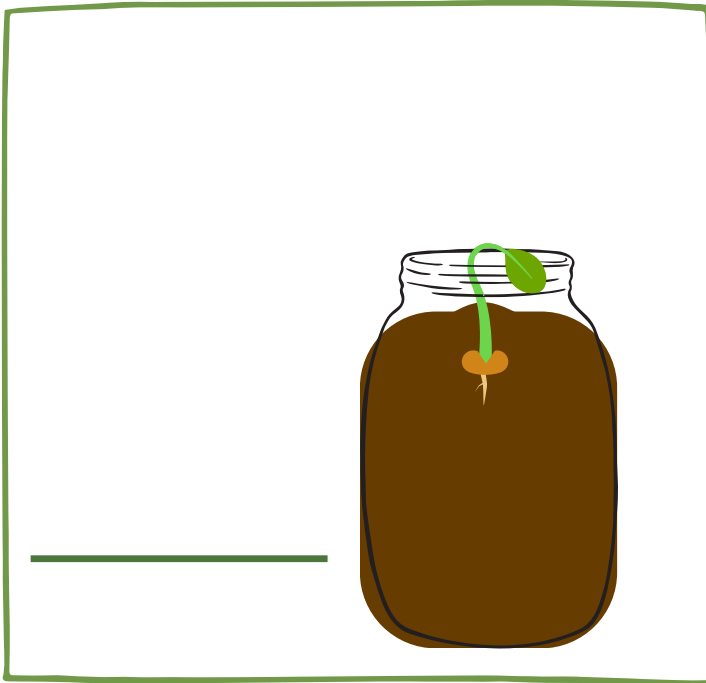
Space to Grow



Pencil

# Watch Me Grow!

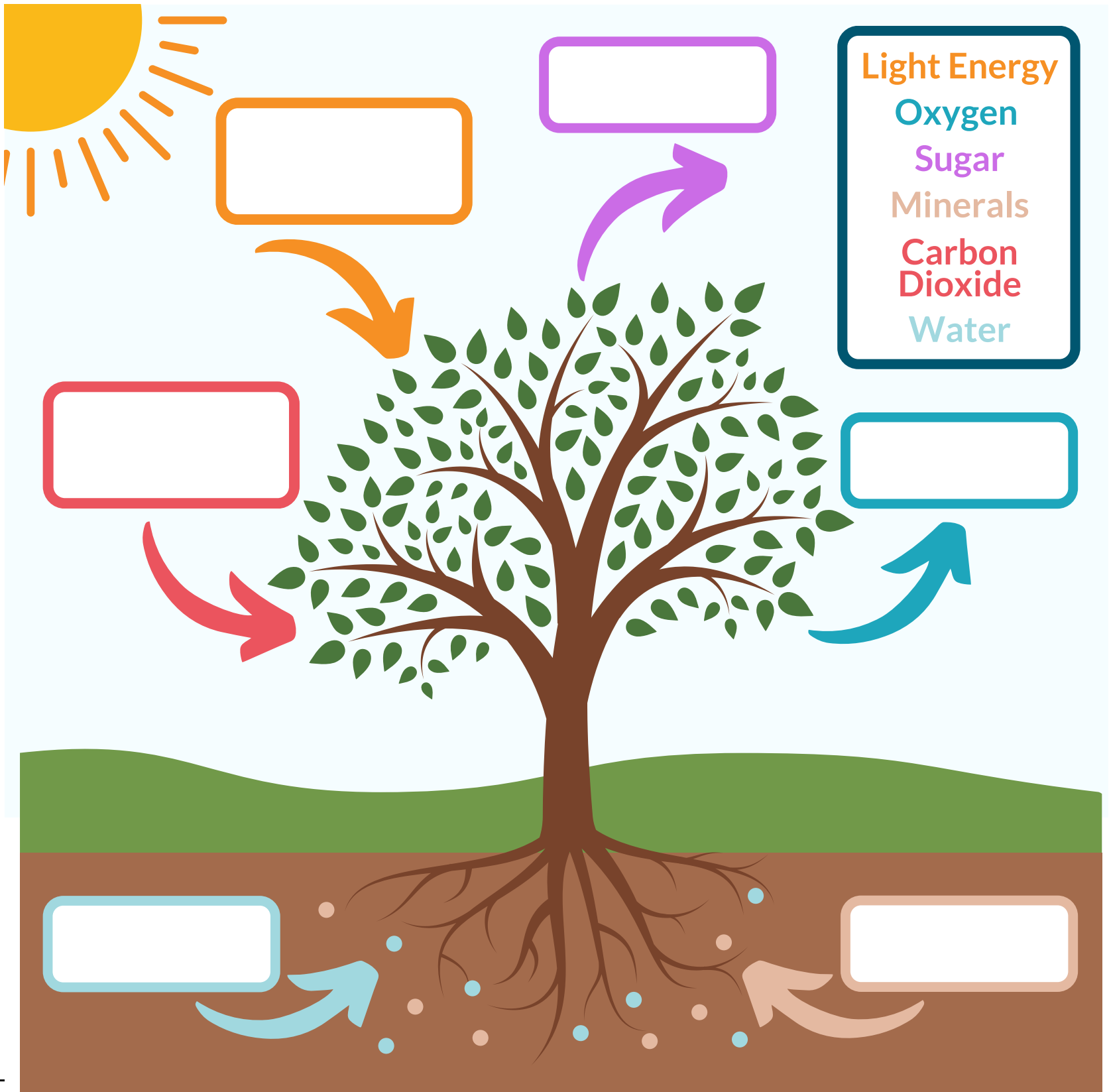
Put the pictures of a plant growing in order by writing 1, 2, 3, or 4 beside the picture.



**Did You Know?** A seed contains all the information needed to grow a new plant!

# Photosynthesis: Using Sunlight to Make Food

Label the photosynthesis diagram with words from the word box.  
Hint: match words to the same coloured box and arrow!



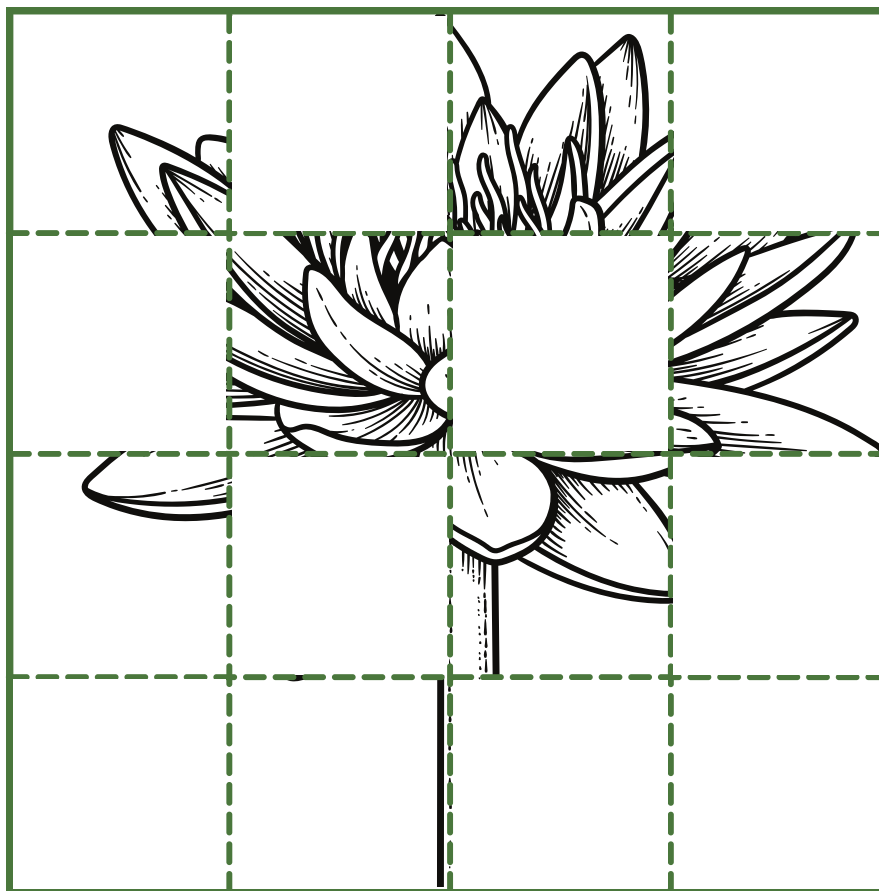
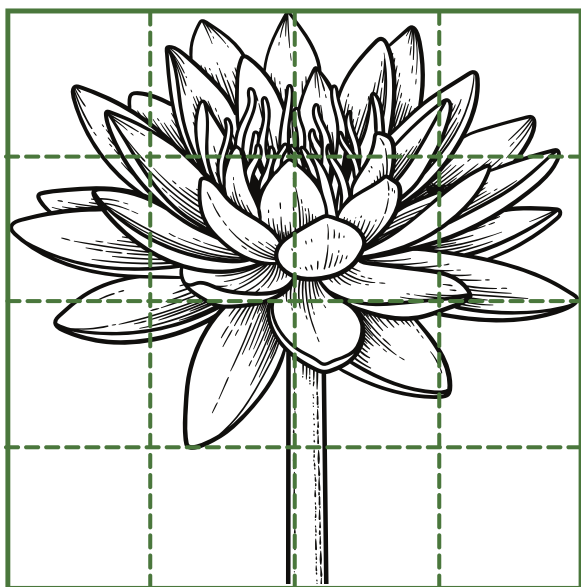
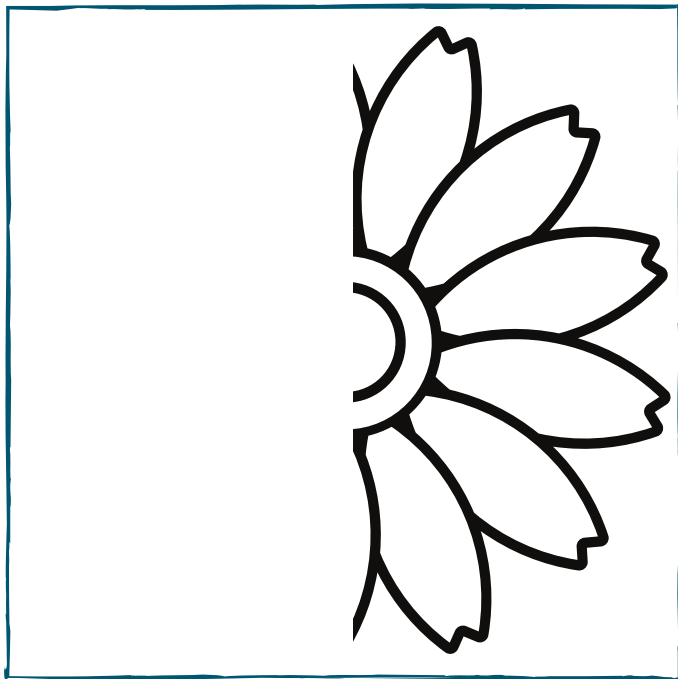
# Wildflower Garden

Circle the 6 differences. Hint: look for different coloured flowers!



# Black-Eyed Susan and White Water Lily

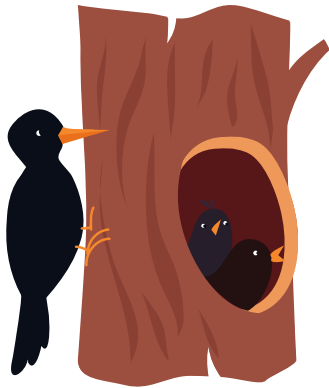
*Finish the drawings then colour the plants!*





# What Do Plants Give to People?

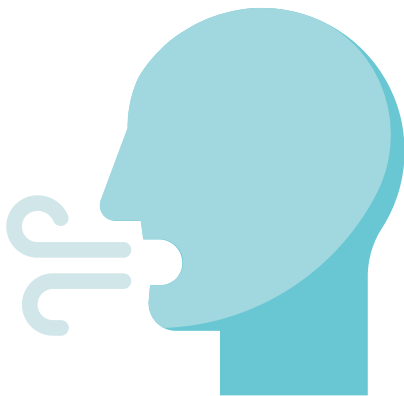
*Circle the 5 things that plants give us.*



**Animal Homes**



**Fruits**



**Air (Oxygen)**



**Cheese**



**Wood**



**Toys**



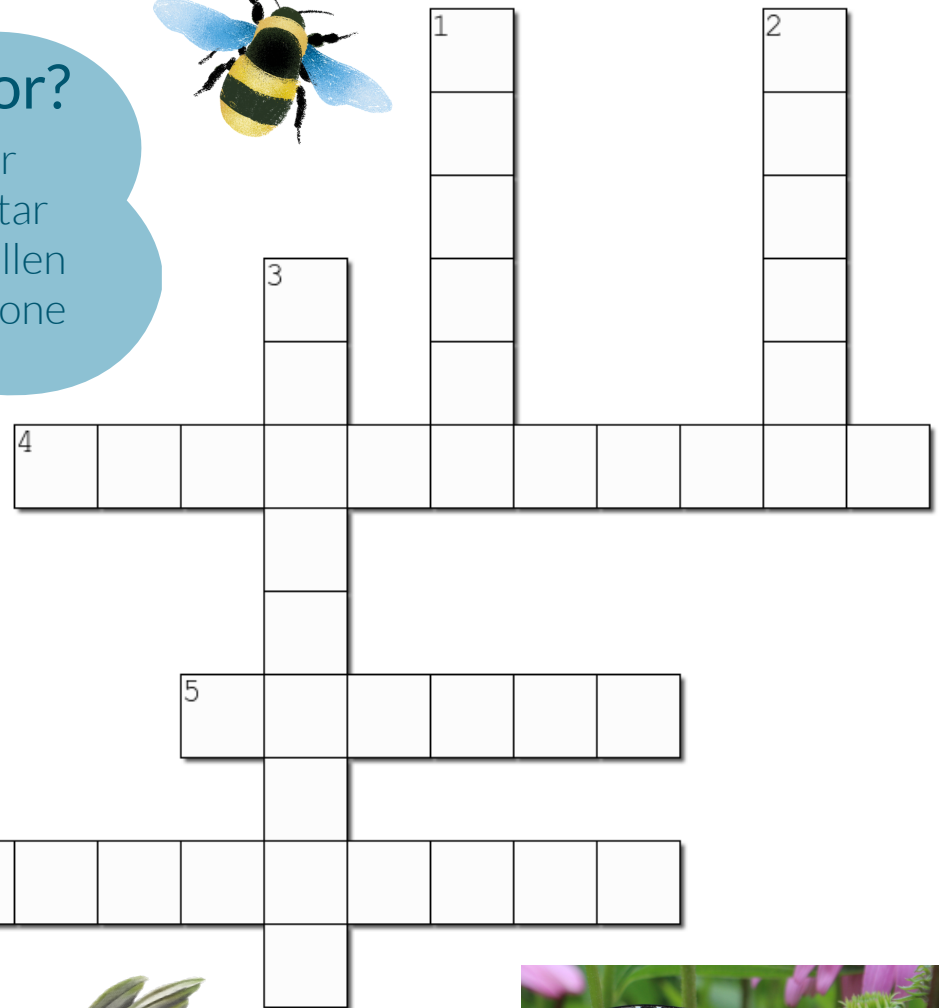
**Vegetables**

# Pollinators

## Crossword Puzzle

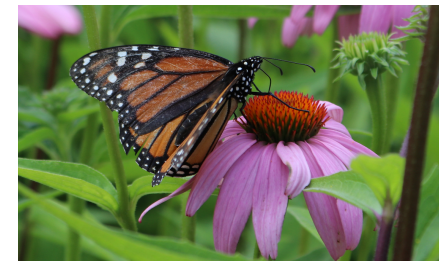
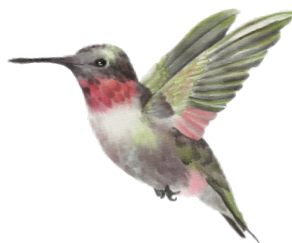
### What is a pollinator?

A pollinator is an insect or animal that eats sweet nectar from a flower and moves pollen (tiny, powdery grains) from one plant to another.



### Word Bank

bumblebee  
butterfly  
hummingbird  
nectar  
flower  
pollen



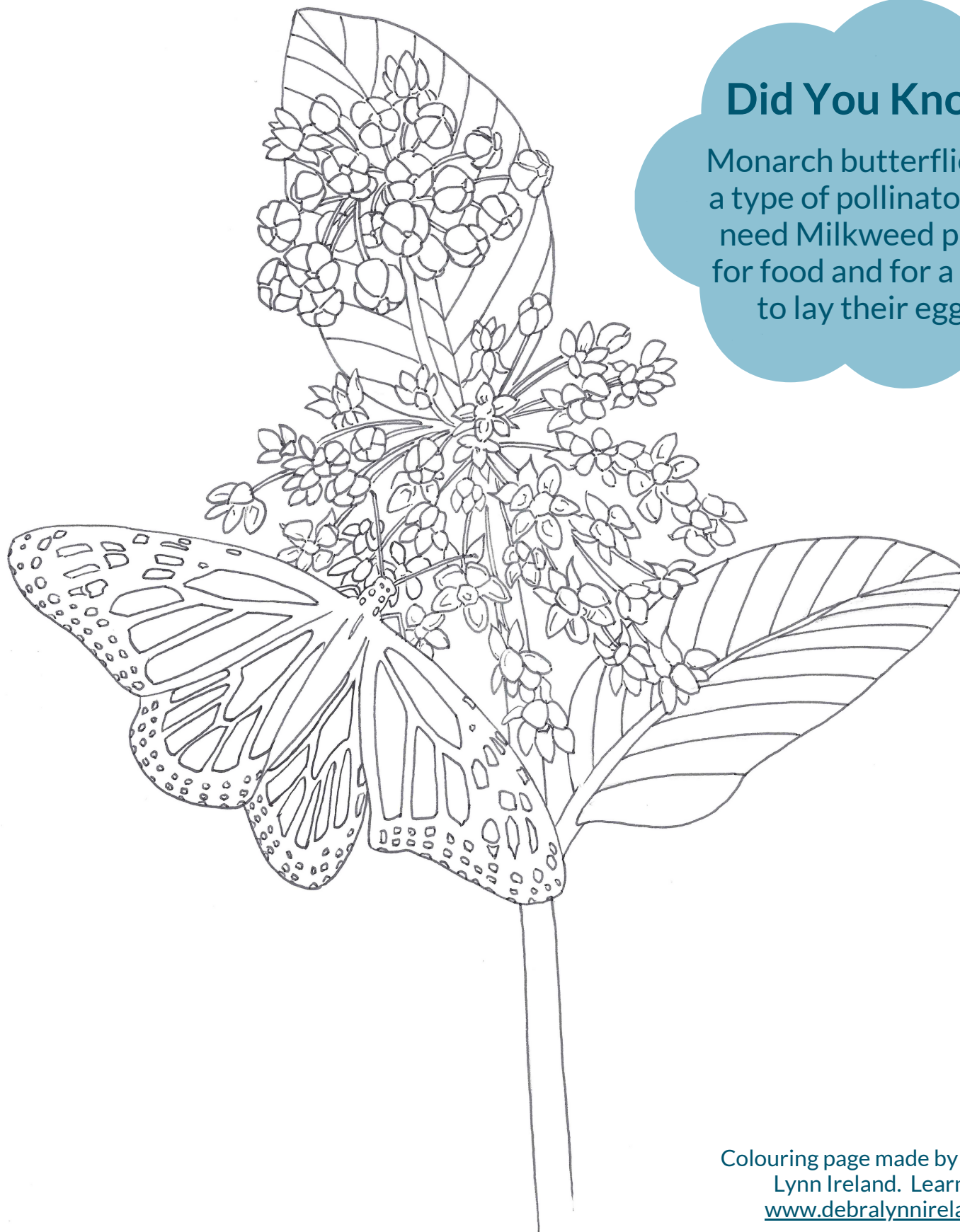
### Down

1. A fine powder produced by plants to help form seeds
2. The colourful part of a plant that has nectar inside
3. Buzz! This flying insect is black and yellow in colour

### Across

4. This type of bird has a long beak perfect for pollination
5. A "sugar water" found in flowers that smell sweet
6. A Monarch is a type of \_\_\_\_\_ that needs milkweed plants

# Monarch Butterfly and Milkweed Colouring Page



## Did You Know?

Monarch butterflies are a type of pollinator that need Milkweed plants for food and for a place to lay their eggs!

Created by:  **Watersheds**  
CANADA

Funding: 

OTTAWA  
COMMUNITY  
FOUNDATION  
invested for good



TD Friends of the  
Environment  
Foundation

Green   
Communities  
CANADA

 **LIVING  
CITIES**  
Canada | Fund

BALSAM FOUNDATION

Watersheds Canada is a registered Canadian charity (863555223RR0001). We are committed to providing programs across the country to engage and help families, students, community groups, and property owners enhance and protect the health of lakes, rivers, and shorelines. Learn more at [watersheds.ca](http://watersheds.ca)